## What is claimed is:

- 1. A method of manufacturing chewing gum comprising:
- (a) heating and melting gum elements to form a heated and flowable gum base;
- (b) passing said flowable gum base to a mixing stage;
  - (c) mixing said gum base in said mixing stage;
- (d) while mixing said gum base adding a nutritional ingredient to said gum base; and
- (d) cooling said mixed gum base for further processing.
- The method of Claim 1 wherein said nutritional ingredient includes vitamins.
- The method of Claim 2 wherein said vitamins include at least one of the group of vitamins A, B and C.

- The method of Claim 2 wherein said nutritional ingredient also includes minerals.
- 5. The method of Claim 4 wherein said minerals include at least one of the group of calcium, magnesium, potassium, iron and chlorides.
- 6. The method of Claim 1 wherein step (d) includes adding an extract of the aloe vera plant.
- The method of Claim 1 wherein step (d) includes adding aloe vera gel.
- 8. The method of Claim 1 wherein step (d) includes adding aloe vera gel in a hydrated form.

- 9. The method of manufacturing chewing gum comprising:
  - (a) forming a heated gum base;
  - (b) passing said heated gum base to a mixer;
- (c) adding at least one additive to said gum base in said mixer; and
- $\hbox{ (d) adding aloe vera to said gum base in said mixer} \\$   $\hbox{in addition to said at least one additive.}$
- 10. A piece of chewing gum produced by the method of  $\mbox{Claim 1.}$
- 11. A piece of chewing gum produced by the method of Claim 9.
- 12. The method of Claim 1 wherein the amount of said nutritional ingredient is in the order of 2% to 40% by weight of said gum base.

- 13. The method of Claim 9 wherein the amount of said aloe vera is in the order of 2% to 40% by weight of said gum base.
- 14. The method of Claim 13 wherein the amount of said aloe vera is in the order of 5% to 15% by weight of said gum base.